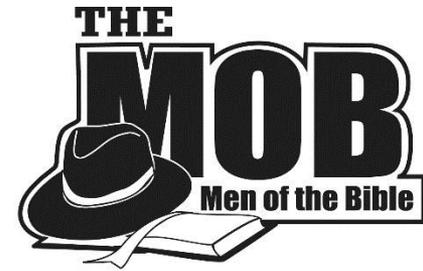




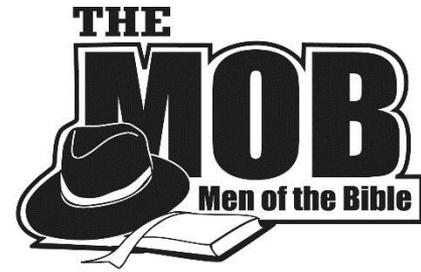
Announcements



- Welcome to the MOB!
- Website: www.ibcmob.net
- [Washington Area Coalition of Men's Ministries \(WACMM\) Mid-Atlantic Men's Conference on November 12, 2016, 8:30 AM - 3:00 PM at Christian Fellowship Church, Ashburn, VA](#)
- [Core Strength, Tuesdays, 6:00 AM](#)
Fundamentals of the Faith
- [Get the IBC app for your mobile device](#)



Memory Verse



Hebrews 4:12-13 (ESV)

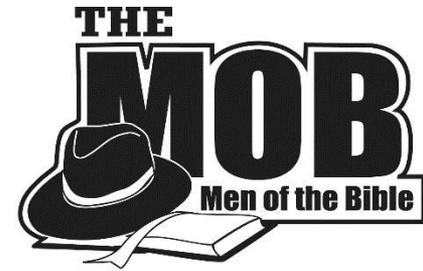
For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

Hebrews 4:12-13 (ESV)



Last Week



Christ is Superior to Moses

Review: [Hebrews 2](#)

Study: [Hebrews 3](#)

[Exodus 17:1-7](#)

[Numbers 14:20-25](#)

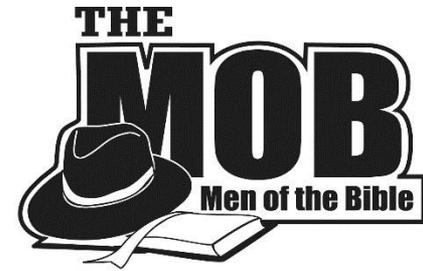
[2 Corinthians 3:7-11](#)

[Psalms 95](#)

Encountering Chapter 3, pages 63-69



This Week



The Remaining Promise of Rest

Review: [Hebrews 3](#)

Study: [Hebrews 4](#)

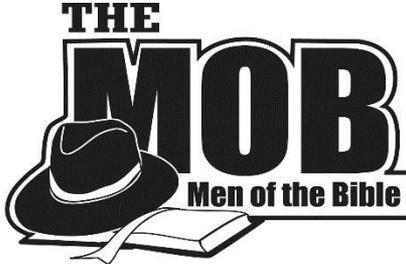
[Joshua 21:43-22:6](#)

[Matthew 4:1-11](#)

Encountering Chapter 4, pages 71-79



Hebrews Outline



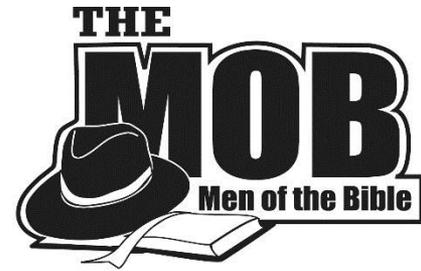
Focus	Christ's Person			Christ's Work			Walk of Faith		
Reference	1:1-3	1:4 – 2:18	3:1 – 4:13	4:14 – 7:28	8:1-13	9:1 – 10:18	10:19 – 11:40	12:1-29	13:1-25
Division	Christ Superior to the Prophets	Christ Superior to the Angels	Christ Superior to Moses	Christ's Superior Priesthood	Christ's Superior Covenant	Christ's Superior Sanctuary & Sacrifice	Assurance of Faith	Endurance of Faith	Exhortation to Love
Topic	Majesty of Christ			Ministry of Christ			Ministers for Christ		
	Doctrine						Discipline		
Location & Time	Place of writing unknown . Probably written around 64-68 AD								





Hebrews 4 (ESV)

A Rest for the People of God



¹ Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it. ² For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened. ³ For we who have believed enter that rest, as he has said,

“As I swore in my wrath,

‘They shall not enter my rest,’”

although his works were finished from the foundation of the world. ⁴ For he has somewhere spoken of the seventh day in this way:

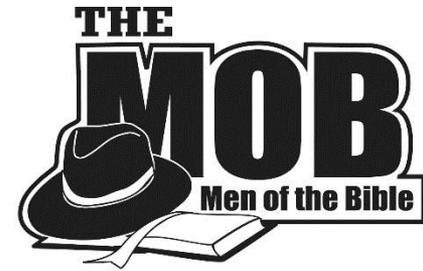
“And God rested on the seventh day from all his works.” ⁵ And again in this passage he said,

“They shall not enter my rest.”



Hebrews 4 (ESV)

A Rest for the People of God



⁶ Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, ⁷ again he appoints a certain day,

“Today,” saying through David so long afterward, in the words already quoted,

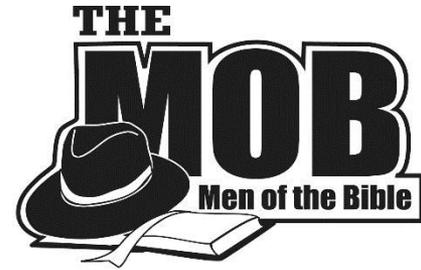
“Today, if you hear his voice,
do not harden your hearts.”

⁸ For if Joshua had given them rest, God would not have spoken of another day later on. ⁹ So then, there remains a Sabbath rest for the people of God, ¹⁰ for whoever has entered God's rest has also rested from his works as God did from his.



Hebrews 4 (ESV)

A Rest for the People of God

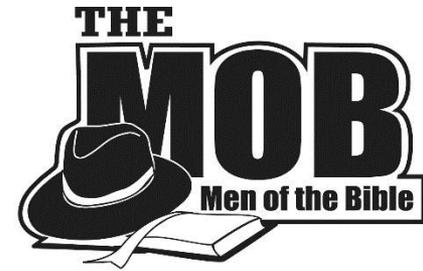


¹¹ Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. ¹² For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. ¹³ And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.



Hebrews 4 (ESV)

Jesus the Great High Priest

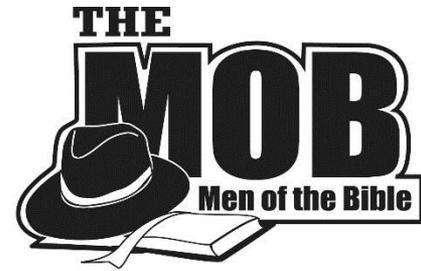


¹⁴ Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. ¹⁵ For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. ¹⁶ Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.



Hebrews 4

Observation 1

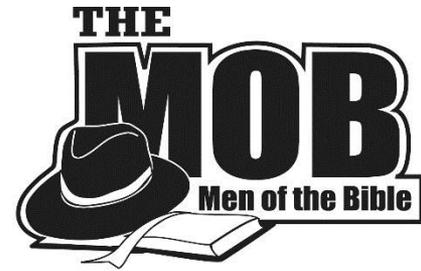


- Hebrews 4 is a transition chapter:
 - Hebrews 4:1-13 is a continuation of Hebrews 3
 - Hebrews 4:14-16 provides lead-in to Hebrews 5
- Hebrews 4:1-11 is book-ended by description in v1, "...promise of entering his rest still stands..." with exhortation in v11, "...make every effort to enter that rest..."



Hebrews 4

Interpretation 1

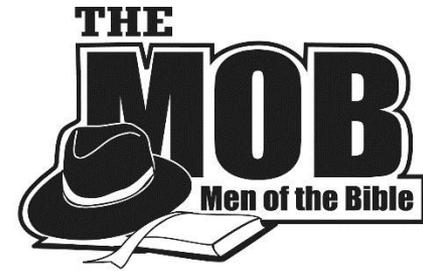


- The “rest” is a spiritual rest; a spiritual equivalent to possession of the Promised Land; conveys “security, contentment, satisfaction and peace” (Hagner)
- Argument:
 - God finished His work and rested, so rest has been available since the Creation
 - The Exodus Jews failed to enter their rest
 - God later said ([Psalm 95](#)) rest is still available



Hebrews 4

Application 1

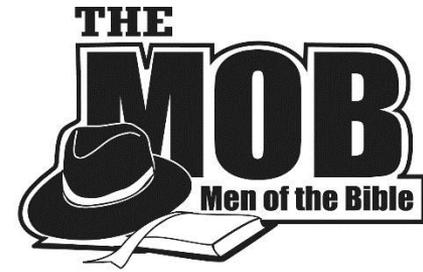


- Canaan rest for Israel is a picture of our rest in Christ when we surrender to him (Wiersbe)
 - Salvation rest when we place our faith in Him (peace with God, [Romans 5:1](#))
 - Submission rest when we yield and learn to obey Him (peace of God, [Philippians 4:6-8](#))
- We enter rest by believing; rest enters us by obeying God by faith & surrendering to His will



Hebrews 4

Obs/Interpret/App 2



Observation:

- [Hebrews 4:11](#) is a call to be diligent; not “drifting” ([Hebrews 2:1](#))

Interpretation:

- Meet high standard, stay true, set the example
- Apply Joshua’s guide: “But as for me and my household, we will serve the Lord.” ([Josh 24:15b](#))
- Failure to do so has consequences ([Josh 24:19-22](#))

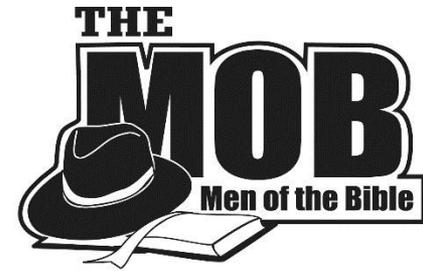
Application:

- Exhortation for us to follow through ([Josh 5:13-15](#))
- Results follow over time ([Joshua 24:31](#))



Hebrews 4

Obs/Interpret/App 3



Observation:

- [vv12-13](#) helps us see ourselves as we are; the Word:
 - Cuts hearts of sinners with conviction ([Acts 5:33](#))
 - Defeats Satan ([Ephesians 6:17](#))
 - Penetrates to expose inner heart of man

Interpretation:

- God sees our hearts; we don't know ourselves ([Jeremiah 17:9](#))

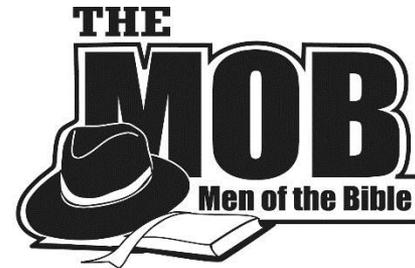
Application:

- We can be honest with God, trust His will, and obey Him



Hebrews 4

Observation 4

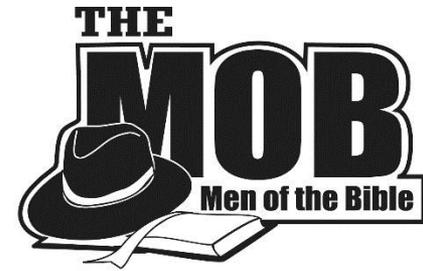


- Hebrews 4:14-16 – Jesus the Son of God
 - Jesus (Savior) identifies His humanity and His ministry
 - The Son of God confirms His Deity
- Jesus' position is the great High Priest
 - Jesus passed through the heavens (2 Corinthians 12:2)
 - Jesus is enthroned at right hand of God the Father



Hebrews 4

Interpretation 4

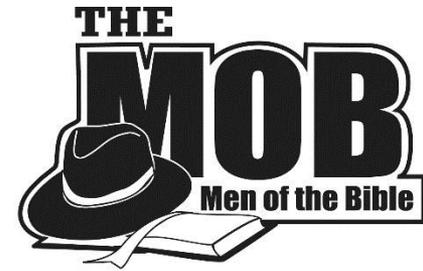


- Our Savior unites humanity and Deity so he can bridge the gap and bring people to God; Jesus Christ is both fully God and fully human
- He sits on throne of grace
 - Open to approach by all believers; not veiled
 - Mercy: God doesn't give us what we deserve
 - Grace: God gives us what we don't deserve



Hebrews 4

Application 4

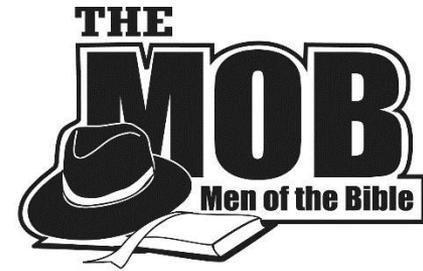


- Don't give up our profession of faith when we are going through trials
Returning to old ways = Denying our confession
- No need to return to old ways because we now have direct access to God's throne room
 - Our savior has been tempted and persecuted
 - He tore veil of temple and opened heaven to us



Hebrews 4

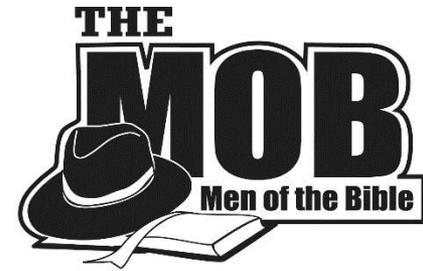
Discussion Questions



1. Compare and contrast the rest promised to people of Israel with rest available now to God's faithful people. See Hagner, page 72, diagram.
2. Describe a "Joshua" sequence in your life that required diligence & faith that resulted in rest.
3. God's Word can illuminate our understanding of our own inner thoughts and desires. How do you take hold of God's promise in [Hebrews 4:16](#) to master those impulses and live in faith?



Next Week



The High Priesthood of Christ

Review: [Hebrews 1 - 4](#)

Study: [Hebrews 5](#)

[Exodus 28](#)

[Matthew 26:36-46](#)

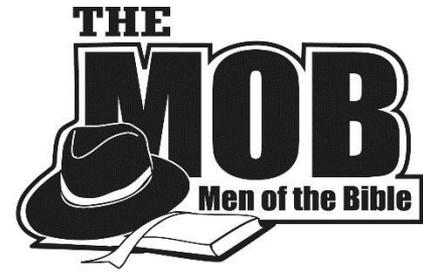
[1 Peter 2:1-3](#)

[Romans 8:35-39](#)

Encountering Chapter 5, pages 81-87



Closing



- Questions?
- Comments?
- Closing Prayer