

Romans 12:9-21 Assessment Tool

Preface: I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. Romans 12:1-2 (ESV)

Premise: The more a person presents his body as a living sacrifice, holy and acceptable to God, and the more a person is transformed by the renewing of his mind, the more the person's life will reflect the characteristics found in Romans 12:9-21.

Instructions:

1. Pray and ask God to help you honestly assess yourself so that you can give thanks to God for the work He has done in your life since you accepted Jesus Christ as your Lord and Savior and pray for His help in improving in those areas in which you think He wants you to improve the most.
2. Go through the following list and put an "X" on the approximate rating for your maturity level PRIOR TO accepting Jesus Christ as your Lord and Savior.
3. Go through the list again and **circle** the approximate rating for your estimated current level of maturity (i.e., your estimated maturity level right now).
4. Go through the list again and put a **star** on the target rating for those areas where you think God wants you to improve the most in the near future.
5. Prayerfully write specific comments about what you will do with God's help to improve in your targeted improvement areas.

Alternative / Supplemental Application: Ask your spouse and/or a close friend to use this tool to provide you with a confidential assessment.

At some point in time in the future (you set a **target date**), use this tool to reassess your current levels of maturity and targets for improvement.

Initial Assessment Date:	Maturity Level Ratings					Target Reassessment Date:
Romans 12:9-21 Characteristics	Very Good	Good	Fair	Poor	Unsure	Comments / Improvement Strategies
⁹ Let love be genuine. (Love without hypocrisy)	4	3	2	1	0	
Abhor what is evil;	4	3	2	1	0	
hold fast to what is good.	4	3	2	1	0	
¹⁰ Love one another with brotherly affection.	4	3	2	1	0	
Outdo one another in showing honor.	4	3	2	1	0	
¹¹ Do not be slothful in zeal, be fervent in spirit, serve the Lord.	4	3	2	1	0	
¹² Rejoice in hope,	4	3	2	1	0	
be patient in tribulation,	4	3	2	1	0	
be constant in prayer.	4	3	2	1	0	
¹³ Contribute to the needs of the saints	4	3	2	1	0	
seek to show hospitality.	4	3	2	1	0	
¹⁴ Bless those who persecute you; bless and do not curse them.	4	3	2	1	0	
¹⁵ Rejoice with those who rejoice,	4	3	2	1	0	
weep with those who weep.	4	3	2	1	0	
¹⁶ Live in harmony with one another.	4	3	2	1	0	
Do not be haughty,	4	3	2	1	0	
associate with the lowly.	4	3	2	1	0	
Never be wise in your own sight.	4	3	2	1	0	
¹⁷ Repay no one evil for evil,	4	3	2	1	0	
give thought to do what is honorable in the sight of all.	4	3	2	1	0	
¹⁸ If possible, so far as it depends on you, live peaceably with all.	4	3	2	1	0	
¹⁹ Beloved, never avenge yourselves, but leave it to the wrath of God,	4	3	2	1	0	
²⁰ if your enemy is hungry, feed him; if he is thirsty, give him something to drink;	4	3	2	1	0	
²¹ Do not be overcome by evil, but overcome evil with good.	4	3	2	1	0	